



### **LifeLine Alumnae Program Internship**

**Mission:** LifeHouse is a Christ-centered ministry ensuring life for unborn children by providing opportunities for housing, help, and hope for young women during their pregnancies and beyond.

LifeHouse of Houston is a residential program for homeless pregnant women. For over 32 years, LifeHouse has served women in pregnancies by providing safe housing, warm food, wraparound case management, and love. Many of the women who reside at LifeHouse are overcoming a myriad of challenges, traumas and experiences. A vast majority of them have experienced domestic violence, being sex trafficked, aging out of foster care, or struggle with mental health disorders or substance use disorders. Life-affirming and life-changing, the agency has served than 600 women -- and their unborn children -- with housing, healing and, most of all, hope.

Once the residents move out of the residential program they become LifeHouse alumni in what we call the LifeLine Program. The LifeLine arm of the agency solely focuses on the women who have moved on from the residential program. Many of these ladies are still either homeless, in transitional living programs, or are still trying to navigate life the best they can with their children. They meet monthly and are provided with education, resources (both tangible and community), food, encouragement, support. Smiles, laughter, moments of mourning together and seasons of rejoicing together – that is community. At LifeHouse, each former resident is invited into exactly that by joining the LifeLine Alumnae Group.

At the monthly LifeLine meetings alumni engage in an activity that communicates valuable knowledge like

- Goal and schedule planning
- Loving themselves/healthy relationships
- Loving their children/Children's Love Languages
- Parenting on a budget
- CPR
- Taking care of themselves
- Back to school preparation, etc

Community referrals are made on a regular basis, and home visits are provided to assist them with parenting, emotional, and tangible needs.

Interns will be afforded the opportunity to interact with clients and community in the following ways:

- Assisting them to meet their tangible needs, i.e., food pantry, diapers, baby clothing
- Assisting them to fill out documentation, paperwork for certain resources, and proofreading
- Providing Case Management and advocating for needs of clients
- Researching and providing resources to clients as requested
- Providing assistance at LifeLine events under the LifeLine Director/Intern Supervisor's direction
- Maintain client outcomes and trends through surveys
- Complete semester long projects - Intern will develop a detailed report or spreadsheet/database on community resources in the Houston area which may be beneficial to our population.
- Assist in organizing and facilitating LifeLine Monthly Mingles monthly
- Organize and facilitate LifeLine Groups / Meetings – weekly
- Organize and maintain Social Media content; create strategies to increase user engagement in Facebook group
- Teach weekly classes to the residential program
- Second year Master's Program students will also have the opportunity to provide clinical therapeutic services

Intern hours are available Monday – Saturday between the hours of 9 am – 8 pm with a 30-minute lunch break. On the second Saturday of each month, each intern will be required to attend an offsite monthly meeting with LifeLine members between the hours of 9 am – 2:30 pm (times may vary slightly). This time may offset hours scheduled to work the following week after the monthly meeting.